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Patient Name _____

Date of Procedure: _____ Time: _____ Report at: _____

Facility: Reston Surgery Center

Anesthesia Type:

Pre-Operative Requirements:

General

Per anesthesia evaluation

Local with Monitor

Other testing:

Epidural

Type of Admission:

Local Only

Outpatient

Choice

Important Information: Patients need to independently register at the Surgery Center in order for a pre-operative screening interview to be conducted. The pre-operative interview may be scheduled through the Surgery Center by going online to www.restonsurgerycenter.com and clicking on *Resources*, then *Clinical History* or by calling 703-639-3100 and selecting *Option 2 or 3*. The interview should take place within 14 days of your surgery.

YOU MUST REPORT TO THE FACILITY ONE AND ONE HALF (1.5) HOURS PRIOR TO YOUR SURGERY TIME. *Please be available for earlier standby.*

Fasting: NO SOLIDS PAST MIDNIGHT, THE NIGHT PRIOR TO SURGERY. SIX (6) OUNCES OF CLEAR LIQUIDS (WATER, TEA WITHOUT MILK, ETC.) MAY BE CONSUMED UP TO FOUR (4) HOURS BEFORE THE SURGERY.

Immediately following the surgery, the surgeon will speak to your family if they are present. You will then be in recovery holding. You will be evaluated regularly and released when you have fully recovered from the effects of anesthesia. In all cases, except when the procedure is done under local anesthesia, a **DRIVER IS REQUIRED FOR YOUR DEPARTURE**. This is due to effects of anesthesia and cannot be avoided.

Our staff is available between the hours of 9 a.m. to 5 p.m. to answer questions regarding surgery. Most issues are addressed during your preoperative interview with the pre-op screening nurses.

Indicated Lab Studies for the Pre-Operative Patient Per Reston Anesthesiology

EKG: EKG's will be done on **patients who have had previous MI's regardless of age** unless done within the **past two months**.

EKG's are required for **all patients age 50 and over**.

EKG is good for **12 months** on patients **without** heart problems.

EKG is good for **6 months** on patients **with heart problems** but **without change in clinical status**.

LABS: CHEM 7 will be done on patients with **diabetes** and patients on **diuretics**.
Accucheck will be done on **day of surgery for all Diabetics**.
H & H will be done on **all patients with the following**:
Open Intra-Abdominal or Intra-Thoracic Surgery (Does not include Laparoscopies, but does include Laparotomy and possible Laparotomy)
Total Joint Replacement
D&C
Spinal Instrumentation or Fusion
History of Anemia
Bleeding Tendency
Coronary Artery Disease (Does not include high blood pressure)
Renal or Hepatic Disease
Ongoing GI Blood Loss
Extremes of Age <6 months >70 years
Autologous Donor

Hemacrit/Hemoglobin should be scheduled no more than **two weeks** prior to surgery.

Stay off all Aspirin, Aleve, Motrin, and anti-inflammatory medications for 7 – 10 days prior to surgery. Please advise the staff of any allergies you may have or if you are taking aspirin or an anti-inflammatory regularly. Please advise the staff of any allergies you may have.

Finally, please note that it is the patient's responsibility to inform the doctor's office and the Reston Surgery Center if any changes occur to the patients' insurance coverage during the interval between the surgical consultation in the doctor's office and the actual date of surgery. Failure to do so may incur out of pocket expenses to the patient.