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Patient Instructions

DRAIN INSTRUCTIONS

Showering – you must do this once a day:

1. Attach bulb to neck string so that the bulb is hanging
2. Remove the bandages.
3. Let the shower water “splash” over the area.
4. Do not use any “fragrance” soaps – Dial or Ivory is fine.
5. Use a clean towel to dry yourself off -- make sure you dry the affected area first.
6. Remember to pat the area dry – DO NOT RUB.

Applying the bandage – you do this once a day, after your shower.

1. Wash your hands with soap and water.
2. Open one package of antibiotic ointment
3. Squeeze the ointment onto the point where the tube and skin meet.
4. Open up one package of gauze bandages (note: there are two separate gauze squares in each package.)
5. Take one of the squares (remember to touch only the corners of the square) and fold it in half.
6. Place the folded squares under the tube.
7. Take the other gauze square and place it over the tube
8. Tape the gauze in place.

Emptying the bulb – you must do this three times a day (when you wake up, during the day, and before you go to sleep.)

1. Unplug the bulb and let it expand.
2. Empty the contents of the bottle into the measuring cup.
3. Note the amount and write it on the chart.
4. Squeeze the bulb flat.
5. Plug the bulb.
6. Milk the tubing.