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Patient Instructions - Post Excision

If dressings are present, remove them the day after surgery. Clean incisions with mild soap and water. Reapply dry gauze and tape only if wound is draining.

Continue dressing changes until wound is dry and no longer draining

In general, it is safe to shower 24 hours after surgery.

Do not apply any ointments to wounds (including but not limited to antibacterial creams.)

No aspirin products, Ibuprofen, Advil or Aleve please. Use only Tylenol for discomfort – one or two tablets every four hours as needed.

For more severe pain, you will need a prescription medication.

Fill and use prescriptions, if given to you, as directed on the bottle.

Hospital patients: please call as soon as possible to schedule a follow up appointment in my office 7 – 10 days after surgery. Office surgery patients: follow up per the doctor's instructions.

Some swelling is normal and may last up to several weeks. Watch for fever greater than 101 degrees Fahrenheit or excessive bleeding.

Call my office if you have any problems.